



www.cavalierclubofarizona.com

January 2007

THE CAVALIER KING CHARLES SPANIEL CLUB OF CENTRAL ARIZONA

Cavalier Chatter

President of parent Club meets our Club's current board of Directors

Our Club's current and incoming Board of Directors had the opportunity to enjoy a dinner meeting with Carol Williams, President of the American Cavalier King Charles Spaniel Club (our AKC "parent" club) after the Tucson show in November. Ms. Williams happily participated in a question & answer session with our Board, so that we could receive feedback as to what we may be doing right and what we could be doing better from the perspective of the National club leadership. The tone of the meeting was very upbeat, and we received great encouragement and praise for our accomplishments as a new club. The message we received from Ms. Williams was that we are on the right track and they look forward to our involvement on a national level in the future.



Officers

- **President:** Jane Estabrook jestabrook@hughes.net
- **Vice President:** Ken Smith kennan@az2you.com
- **Secretary:** Eileen Starks truestarcavaliers@yahoo.com
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- **Membership:** Nikki Postero nikkipostero@cox.net
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- **Webmaster:** Laurel Hallsted laurelhallsted@ablazin.com

Directors

Laurie Hallsted, Nikki Postero, & Shelly Fields

"Sensitivity to Balance"

Seminar & Workshop by Tom Lams

Two Separate All-Day Workshops

Sat. January 27, 2007

Sun. January 28, 2007

Gain an "Unfair Advantage" over your competitors! Tom Lams has been training dogs all his life, and has shown dogs successfully in the conformation ring. He teaches conformation handling in a **unique, easy-to-learn way**.

Attend this exciting workshop which teaches beginners through professionals how to win in the show ring. The training methodology is quick and effective. Mr. Lams' gentle, positive approach to dog training has won a worldwide following.

Who Should Attend: If you want to improve your existing handling skills, this is an opportunity not to be missed. You must be willing to use the gentlest of methods, learn unique but successful techniques for problem dogs, and experiment with an exciting approach for developing fluent dog-and-human communication skills. Learn some of the best tried and true tricks in the art of exhibiting a conformation or performance dog.

What will Tom teach you? "I will teach you to dance with your dog." By the end of the workshop, you will be practicing with your dog "OFF-LEAD" in a ring with other show dogs and their handlers-with your dog focused on you and having a

Learn what to look for when it comes to movement, presentation, ring strategies, and more.

The status of the workshop is changing daily. Please check the club website at www.cavalierclubofarizona.com to find out if there is still space available...



OFA HEALTH CLINIC

Sunday, February 11th 2007

Sponsored by the *Cavalier King Charles Spaniel Club of Central Arizona*

Health clinic Location

Animal Hospital at Grayhawk

Grayhawk Plaza Shopping Center/20801 N. Scottsdale Rd.

(One mile North of the 101 between Thompson Peak Pkwy & Grayhawk)

- *OFA Hip/Elbow x-rays; Patella exams; thyroid; Microchip, and DNA testing will be performed by **Dr. Stan Howard***
- *OFA Heart Clearances will be conducted by Board Certified Cardiologist **Dr. Whit Church***
- *CERF Eye Exams will be conducted by **Eye Care For Animals***

Services and Rates

OFA Heart Exam	\$45
Hip x-ray (submitted to OFA)	\$90
Elbow x-ray (submitted to OFA)	\$45
Patella Exam (submitted to OFA)	\$45
Prelims not submitted: Hip	\$80
Prelims not submitted: Elbow/patella	\$40
OFA Thyroid (MSU)	\$90
Microchip	\$35
DNA Testing	\$45
CERF Testing	\$25

- **By appointment only!** All appointments will be made directly with the Cavalier King Charles Spaniel Club of Central Arizona.
- Services must be paid in advance—**No refunds for cancellations.**
- Remember to bring your AKC registration & microchip number.

To schedule and pay for an appointment you have 2 options:

- 1) You may pay online with your paypal account, credit/debit card or electronic check at www.cavalierclubofarizona.com and go to the upcoming events section. A paypal account is not required to pay using this method. (There will be a processing fee, but it is very convenient!)
- 2) To pay via mail, please visit the cavalier website, www.cavalierclubofarizona.com and go to the upcoming events section for the instructions and form.

Our club's 3rd AKC Sanctioned B match is scheduled for March 10th!!

Our 3rd AKC "B" Match will be held on March 10th 2007 at Cactus park located at the corner of Cactus Rd. and Scottsdale Rd. in Scottsdale, Arizona. Registration will begin at 9:30 a.m. with Judging commencing at 10 a.m. The honorable Judge Sandy Wheat from Phoenix has graciously accepted our request to judge the match. Immediately following the match there will be a potluck lunch AND a special demonstration of **Canine Musical Freestyle**. For those of you that haven't heard of Canine Musical Freestyle the description according to "The World Canine Freestyle Association" is listed below. More information regarding the B Match will be available soon on the club website (www.cavalierclubofarizona.com) so please remember to visit it often!



*Musical Freestyle class participants
"Sandy and her Aussie, Angel"*

Canine Musical Freestyle is a choreographed musical program performed by handlers and their dogs. The object of musical freestyle is to display the dog and handler in a creative, innovative and original dance, using music and intricate movements to showcase teamwork, artistry, costuming, athleticism and style in interpreting the theme of the music. Heelwork-to-Music incorporates traditional dog obedience and the art of dressage with the inclusion of musical interpretation, dance elements, and costuming with an emphasis on non-standard obedience movements. Both Musical Freestyle and Heelwork-To-Music routines should create a visually exciting display which is enjoyable to watch and which is equally enjoyable to dogs and handlers executing the programs. Canine freestyle is a showcase that truly demonstrates the joys and fun of bonding with your pet."

To watch a Canine Musical Freestyle video visit <http://www.canine-freestyle.org/videos.asp>

Canine Musical Freestyle



Sandy Beeler & Bliss during a freestyle class in her Queen Creek home.

Join us after the B Match on March 10th at Cactus park in Scottsdale for a Canine Musical Freestyle Demonstration. Sandy Beeler and her smooth coated Border Collie will explain and demonstrate some of the standard freestyle moves; lead a group demonstration; and end up with an interactive segment where the audience can try some of the moves with their own dog!

Sandy Beeler's Bio...*In 1993, having trained with Kay Guetzloff who at the time lived in Prescott, I was blessed with getting one of her Border Collies. That dog, Spirit, was a litter mate to Sandra Davis' dog Pepper. Pepper went on to be one of the top freestyle dogs in the world and holds that status today. As a young dog, I taught Spirit the moves with some help from Sandra, but their seemed to be no interest in the sport in Arizona and no way to compete without extensive travel.*

Years passed and about two years ago I started hearing talk in the Valley about a new sport - musical freestyle. About this same time we got a Border Collie rescue, Beeler's Blissful Spirit, 'Bliss'. As we worked through many issues including the obvious physical abuse she suffered, we started having fun and relieving stress using freestyle moves. We attended any freestyle event available in driving distance which fortunately included Sandra Davis and Richard Curtis, two of the top freestylers in the world. We

started sharing our fun with agility and obedience students and were invited to several rescue benefits to demo freestyle moves. Due to interest from students and onlookers I started my first freestyle class at our home in Queen Creek in the fall of 2005, and added an evening class Fall 2006.

Over the years I've had the opportunity to do many different dog sports. Musical Freestyle is my favorite because the goal is pure fun, on some level most dogs and humans can participate, it can be done anywhere with minimal equipment, it involves music and dancing, it is a great way to relate to your dog and teach them behaviors in a manner that is positive and releases energy, and it is a great stress reliever for humans.

Sandy Beeler, Spirit & Bliss

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Holiday Party

December 14th, 2006

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Jan & Tom Donnell graciously opened up their home to host the club's holiday party on December 14th. Their Scottsdale palace was fabulously decorated and comfortably accomodated a sit down dinner and gift exchange for about 30 of our club members. Supper was a combination of catered dishes by Carrabba's; and appetizers, side dishes, and desserts from Costco. This could have been the best club holiday party yet! Thank you Jan and Tom. You are the best!

Here are a few pictures from the holiday party...everyone had a blast!



Continuing Education...

Dental disease in the CKCS

This information has been reprinted with permission of Dr. Beebe of Pleasant Hill, California. This article first appeared in the Bay Area Cavalier King Charles Spaniel Newsletter, "The Cavalier Wag".

Brief Bio:

Dr. Beebe is a board-certified veterinary dental specialist and a member of the American Veterinary Dental College (AVDC). He works out of the Animal Dental Clinic in San Carlos with another dental specialist, Dr. Steve Holmstrom and a veterinary dental resident, Dr. Cristine Mincheff. Veterinary dental specialists perform a variety of advanced procedures including periodontal surgery, root canal therapy, jaw fracture repair, orthodontics, oral cancer management, cleft palate surgery, restoration dentistry, tongue surgery, and complicated extractions. Holding a veterinary specialist title requires years of advanced training, including a bachelors degree, four years of veterinary school, a one-year internship, a three-year residency, completion of credential requirements, and passage of an intense, three-day board examination. There are currently only 89 AVDC specialists practicing in the US and throughout the world. The SF Bay area is fortunate to have five in proximity.

1. Question: How many teeth in an adult dog's mouth? A)30 B)32 C)40 D)42 E)50

Answer: D)42 That's a whole lot of teeth! 12 incisors, 4 canines, 16 premolars, 10 molars. Unfortunately when mankind decided to domesticate the dog's wild ancestor, and then shrank dogs into smaller, cuter breeds (like Cavaliers), we never bothered to shrink the teeth proportionately with the jaw bone size. As a result, today's smaller breed dogs tend to have overcrowded mouths, with relatively large teeth. Consequently, smaller breed dogs like Cavaliers have an inherent predisposition to plaque and tartar accumulation, which leads to chronic periodontal disease.

2. Question: What is the number one diagnosis in dogs and cats over ten years of age?

Answer: From a 1999 study published in the Journal of the American Veterinary Medical Association, of 31,484 pets presented to veterinarians for examination, 40% had dental-related disease: 20.5% Dental calculus, 19.5% Gingivitis, 13% Otitis externa, 6.8% Healthy, 4.9% Dermatitis

3. Periodontal disease (PD) is the number one problem in today's pets. Just like in people, there is a sequence of events that take place leading to the condition: Within 20 minutes after teeth cleaning by a dental hygienist, a thin film forms on the surface of the teeth, called a pellicle. In 6-8 hours bacteria begin to populate the pellicle; it is now termed plaque. If not mechanically removed (like with a toothbrush or floss) plaque will mineralize within 3-5 days into tartar. The mineralized tartar cannot be removed with a brush; it must be removed by a dental professional. This is why teeth need to be brushed at home on a routine basis. Ideally our pets need their teeth brushed every day or at least every other day.

4. So, what is periodontal disease (PD) exactly? There are hundreds of textbooks and journals devoted to explaining this condition. To put it simply, when plaque bacteria accumulates on the teeth, the body's im-

immune system reacts and tries to destroy the foreign bacteria. Immune system cells and enzymes converge, and in the resulting inflammation, the tissues around the tooth are damaged. This is especially evident in tissues below the gum line. PD often takes a slow progressive course, but in time soft tissue structures and bone around the tooth are lost. This may result in foul breath, red gums, bleeding, discomfort, and eventually tooth loosening and loss. Many times the disease is hidden from the casual observer; it is only with inspection of the anatomy beneath the gum line with dental x-rays that PD can be assessed (see photo and x-ray examples).

5. Do Cavalier King Charles Spaniels have special concerns? Most certainly. It is well documented in people that a correlation exists between periodontal health and distant organ health. In people PD has been linked to diabetes, heart disease, lung disease, pre-term birth, and low fetal birth weight. Studies in dogs also show a connection between PD and heart disease. When bacterial infection and inflammation exist in the mouth, it is possible for it to spread via the bloodstream to distant organs like the heart, liver, or kidneys. This is of special concern in breeds like Cavaliers, where heart valve disease is over-represented. By keeping the mouth at a pristine level of health, we can minimize effects on other organs like the heart.

6. How often should pets have their teeth professionally cleaned? Most dogs and cats need a professional visit every 6 to 12 months. Like with people, plaque and tartar buildup is determined by a multitude of factors, the most important being genetics. Some pets have very little accumulation; some have a lot! Other factors that will determine plaque buildup: brushing, diet, chew toys, and treats.

7. Is anesthesia really necessary for professional cleaning? Yes. To adequately examine and clean the subgingival areas (below the gums), and to obtain dental x-rays, a patient needs to be under anesthesia. Fear of anesthesia, not cost, is the number one reason pet owners do not pursue dental care for their pets. When anesthesia is performed correctly there is minimal risk. All patients should be examined prior to a dental procedure and an anesthesia risk assessment (ARA) should be determined. Depending on the individual pet, and their age and health status, this might include physical exam, bloodwork, urine analysis, EKG, chest x-rays, or heart ultrasound (echocardiogram). Once a pet is cleared for anesthesia, the actual anesthetic protocol needs to be performed safely. Ideally, all animals anesthetized for elective procedures should have an IV catheter with IV fluids; this help will maintain safe blood pressure. Most dental procedures needs to be performed under gas anesthesia like sevoflurane or isoflurane; these inhalants are very safe on body organs, and are eliminated from the system rapidly. Proper monitoring equipment is necessary: heart rate, respiratory rate, oxygen saturation, EKG, temperature, and CO2 levels. At our specialty practice, I spend more time some days discussing anesthesia than I do advanced dentistry. Our patients arrive in the morning for procedures and leave early to mid-afternoon. Clients are surprised and pleased to learn that their pets are bright and alert when they leave our dental clinic; they bounce out the door. This is the way anesthesia should be!

8. OK, so how do I manage my dog's oral health myself? Just like a person, a dog's teeth needs to be brushed on a regular basis in between professional dental visits. Tooth brushing is the GOLD STANDARD for oral homecare. Start slow and make brushing fun for your dog. Always associate brushing time with something your dog likes (positive reinforcement). I like to have a dog lick peanut butter (or something else yummy) off a toothbrush every day for a couple of weeks first. Don't even try to brush. At some point introduce a flavored pet toothpaste. Eventually start to passively move the brush in the mouth. Again you're not really trying to perform a good brushing at this stage; you're just getting the dog used to the feeling of toothbrush movement. Eventually (3-4 weeks), begin to brush the outside surfaces of the teeth with a light circular motion. Be quick (30-60 seconds total). Use a flavored toothpaste from your veterinarian or the pet store (because a dog will swallow it). And make it fun.

9. Supplements (not replacements) for tooth brushing include dental diets, dental treats, rubber chew toys like Kongs, and "bendable" rawhide strips. Avoid chew items that are hard enough to crack a tooth: natural bones, nylon bones, cow hooves, and whole ice cubes.



This a photo from a dog's mouth who received occasional hand scaling at the groomer, but never had a professional cleaning under anesthesia. From all outward appearances, the teeth don't look too bad.



Dental x-rays from the same dog showing the hidden bone destruction as result of uncontrolled periodontal disease. The probe is extending into a deep pocket about 90% the length of the tooth roots.

What is the Cavalier King Charles Spaniel Club of Central Arizona?

The CKCSC of Central Arizona is an AKC sanctioned, Cavalier Breed Specialty Club, founded in September of 2004. The club is composed of members devoted to the continued betterment of the breed. The focus of our club is public education, breeder education, providing cavalier rescue, sponsoring health clinics, putting on dog shows (one of the main purposes of AKC) and promoting responsible dog ownership. The club holds social and educational events on a frequent basis. Come visit us and join the fun!

Shows in Arizona

- February 3rd & 4th: Phoenix Field & Obedience Club
- March 2nd & 3rd: Superstition Kennel Club—Westworld, Scottsdale
- March 4th & 5th: Scottsdale Fanciers —Westworld, Scottsdale
- March 10th: CKCSC of Central Arizona: AKC Sanctioned B Match—Cactus Park, Scottsdale
- March 17th & 18th: Canada Del Oro—Tucson

For detailed information on these shows please visit the calendar of events section on the club website at: www.cavalierclubofarizona.com

Upcoming club events

- January 27th & 28th: Sensitivity to Balance...seminars and workshops presented by Tom Lams
- February 11th: Health Clinic...Scottsdale
- March 10th: 3rd AKC Sanctioned B Match and added attraction— “Musical Freestyle Demonstration”

For detailed information on these and all other club events please visit the club website at: www.cavalierclubofarizona.com



AMERICAN
KENNEL CLUBSM

CKCSCCA... "The only AKC-Sanctioned Cavalier Breed Specialty Club Serving the Greater Phoenix Metropolitan Area"

Juniors (under age 18) may now sign up for the AKC Junior Newsletter (free!) at <http://www.akc.org/enewsletter/jrnews/signup.cfm>